

# CARIBBEAN EATS

By Luciano Barrow

## SMALL PLATES

### Trini doubles (ve) £4

chana, cucumber pickle, tamarind sauce

### Bajan fishcakes (6) £5

Bajan pepper sauce aioli

### Ackee & saltfish £8.5

Served with rice & peas or white rice

### 3 boned spicy fried wings (4) £5

### 3 boned Cajun wings (4) £5

### Jerk chicken spring rolls (2) £8

Garlic & herb mayonnaise and mango pico de gallo

## WHOLE BIRDS

### Whole jerk chicken £12.5

Large jerk sauce

### Whole BBQ chicken £12.5

### Whole Cajun chicken £13

## GREEDY MEAL FOR ONE

### Bajan pan seared salmon meal £22

### Pan fried seabass fillets meal £20

### ½ Jerk chicken meal £21

### Jerk chicken & pork meal £22

### Curry goat meal £17

Served with rice & peas, sautéed spiced vegetables deep fried macaroni pie, fried plantain, coleslaw, jerk sauce

## SPECIALS

### Garlic & chilli whole prawns £11

### Deep fried scotch bonnet prawns £6.5

### Chefs fried chicken (2) from £4.5

### 24hr Braised beef short rib £24

Confit garlic and herb mash, deep fried macaroni pie, braised spring greens, fried plantain reduction sauce

## LARGE PLATES

### Bajan pan seared salmon £15

### ¼ Jerk chicken £12

### Curry chicken £10

### ¼ Jerk chicken & pork £15

### Braised jerk pork belly £12

### Curry goat £10

All served with rice & peas/white rice, fried plantain, coleslaw

## READY TO COOK

### Whole stuffed bream £12

### Bajan green seasoned salmon 500g £12

### ½ jerk chicken £6.5

### 4 Skin-on boneless jerk chicken breast £12

### Jerk pork ribs £8

### Jerk pork belly £8.5

All vac packed for freshness

### Bajan fishcake batter £5

## SIDES

### Rice & peas (ve) £3.5

### White rice (ve) £2.5

### Deep fried macaroni pie (v) £4.5

### Macaroni pie (v) £3.5

### Fried plantain (v) £3.5

### Spiced sautéed vegetables (ve) £3.5

### Steamed buttered vegetables (v) £3.5

### Coleslaw (v) £3.5

Food is subject to availability.

A list of allergens is on the website with each product. Please do let us know if you have any allergies.

Prices exclude delivery charges.

*Luciano Barrow*  
Executive Chef  
www.lucianoarrow.co.uk